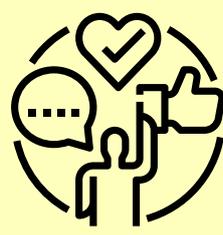




Choy, 1990

Other Behavioural Considerations

Passive Behaviours
 In times of stress people may respond by doing nothing, pleasing others, becoming agitated or hostile.



Defence Mechanisms
 A range of unconscious processes designed to avoid experiences of conflict or stress.

Projection
 One person's feelings which can be projected onto someone else.

Parallel Process
 When similar shared experiences make it hard to be objective.

Transference
 Placing a mask of someone from our past on to a person in the present based on perceived similarities.

A Social Model of Communication

Non-Verbal
Needs to be in control and takes over. Blaming, judgmental and critical of others.
Needs to be seen as superior. Hostile and negative.
Doesn't value other's skills.
Isn't a team player. Sets strict unrealistic goals, appears motivated by conflict or anger.



**Villain/
Persecutor**

Verbal
"If only they'd listen to me"
"Its all _____ fault"
"They're just easily offended"
"They shouldn't take it personally"
"I can't believe anyone could be so stupid"
"They can't get anything right"



Anxiety Based Problem Focused



Victim

Recruitment to Complimentary Position



The Drama Triangle



Recruitment to Complimentary Position

Playing a Role Unconsciously



**Hero/
Rescuer**

Recruitment to Complimentary Position

Verbal
"I always get these cases/staff", "I need help from..."
"I cant..", "I'm no good at that", "I don't know what I'm doing"

Non-Verbal
Indecisive, discounts own abilities and skills, avoids responsibilities and taking the lead, low confidence and self-esteem. Unclear thinking and lack of problem solving, missed deadlines

Non-Verbal
Responds out of Hours
Struggles to maintain professional boundaries.
Takes Over and directs others.
Dismisses other abilities.

Verbal
"It's quicker to do it myself"
"I feel bad for them"
Says they feel guilty, harried, overworked and tired but continue to take on more. "No matter how much I do its never enough"
"They can't do it without me"